

Mashed Cauliflower

Recipe from: thefarmersdaughterok.com

Ingredients:

- 1 lb. cauliflower florets
- ½ tsp. garlic powder
- 1 Tbsp. black truffle oil (or any olive oil variation)
- Salt and pepper to taste
- 2-4 Tbsp. chicken broth



Steam cauliflower florets until soft (about 15 min.). Add your steamed cauliflower to a high-powered blender or food processor. Add in salt, pepper, garlic powder, and black truffle oil.

Turn on blender/processor and slowly add chicken broth, start with 2 Tbsp.add more if necessary.